

Be Well @ Juniata Pledge FAQ

Q: Will I have to provide any test results as part of this program?

A: Juniata will not be collecting any personal health information as part of this incentive program. We ask that all private health information is redacted when uploading documentation to the ConnectCare 3 (CC3) Portal.

Q: How much will it cost me if I don't take the Be Well @ Juniata pledge?

A: An employee will spend an average of \$500.00 more per year if they do not participate.

Q: Can I access the Connect Care 3 portal to participate in wellness offerings if I am not a health plan participant?

A: All full-time benefits eligible employees would have access to the ConnectCare3 (CC3) Wellness Portal to participate in the Wellness Programming, but only covered medical participant can utilize CC3 services such as patient advocacy, nurse navigation, health coaching etc.

Q: If I am not covered by Juniata's health insurance, can I participate in the Be Well Incentive?

A: Those employees who are covered under someone else's plan can continue to participate in all Juniata's wellness offerings. For example, they can attend the health fair, have a free biometric screening, participate in Wellness rewards, and continue to receive the health plan waiver incentive for not taking Juniata's health plan coverage.

Q: Do I have to use the screening affidavit form to provide documentation of services provided?

A: No, you do not have to provide that exact form. You can upload a note from your doctor, an explanation of benefits, a billing statement from your doctor's office, or any other document that shows you received one of the preventive services. The screening affidavit form can be downloaded from the ConnectCare3 (CC3) portal if you chose to use this option.

Q: Does the Be Well @ Juniata incentive apply to post-retirement medical eligible retirees?

A: No. Those eligible for post-retirement medical pay a percentage of the total premium cost based upon a years of service calculation.

Q: Do family members covered by Juniata's health insurance have to register and complete tasks related to lock into the Wellness Rate?

A: Only the employee would need to participate to remain at the 15% employee premium share.

Q: The portal requires an employer code. What do I enter?

A: The code is 893. You can find further instructions [here](#).

Q: This information states that it is for single employee contribution. I have my spouse and children on my health care coverage through Juniata, am I still eligible for this program and discount?

A: Yes, please note that two person and family coverage rates are built upon the single rate; therefore, this change impacts all health plan participants and coverage levels. All employees enrolled in Juniata's health plan who wish to lock-in the Wellness Rate for the employee premium share would want to participate in the Be Well @ Juniata incentive regardless of their coverage level.

Q: How do I get scheduled for the biometric screenings?

A: Biometric Screenings are being offered on campus during three dates: September 18th, September 21st and September 22nd. Please find registration information [HERE](#).

Q. How can I access ShareCare, my Employer Group is not recognized?

A. Highmark no longer subscribes to this service. As a result, members who did not previously establish a Sharecare account are no longer able to access the tool.

You can access the Highmark Health Assessment by logging into your Highmark account, selecting Journey from the top navigation menu, and completing the assessment from there. You may use the Sharecare RealAge Test attestation button on the CC3 Portal to document completion of the Health Assessment.

Q. How long is the Wellness Rate premium share locked in?

A. The Be Well @ Juniata Pledge will be required annually. For anyone who completed the pledge by October 31, 2025, you have secured the Wellness Rate for 2026. For anyone who wishes to secure the Wellness Rate for 2027, the program must be completed by October 31, 2026.

Q. Are we alerted once we complete enough of the requirements to qualify for the year?

A. There is not an automatic alert, but you will be able to view your dashboard to see if you have completed the Know Your Numbers and Live Well components by looking for checkmarks under “ My Program” when logged into the ConnectCare3 (CC3) portal. Completion of the (1) Know Your Numbers Component and (3) Live Well Components constitutes completion of your Be Well @ Juniata Pledge for this year.

Q. What is required for the blood test? If I am required for certain lab work for another condition, is that applicable?

A. Lipid panel, Glucose and Blood Pressure are the suggested labs. Your provider may indicate alternate tests that are appropriate for you, which would be acceptable to meet the Know Your Numbers component.

Q. Do all requirements need to be completed by October 31 to get the lower rate for the following year?

A. In general yes, however if your annual testing does not usually take place until November or December, it would count. For instance, if you had an annual vision exam November 2025 and are not eligible for another exam until November 2026, please upload documentation showing your vision exam was completed November 2025 by the October 31, 2026 deadline.

Q. What documentation is required for vision/dental?

A. You may have your provider complete the provided affidavit (which can be downloaded from the CC3 portal) or submit a screenshot from your Vision or Dental portal. If you have vision coverage through Juniata, the VBA Portal can be accessed through the following link: [VBA Member Portal \(vbaplans.com\)](https://vbaplans.com). If you have dental coverage through Juniata, the MetLife Portal can be accessed through the following link: [Personal Information \(metlife.com\)](https://metlife.com).

Q. Are certain tests, such as mammograms, required?

A. These tests are not required, but having the testing done counts as one of the Live Well Components. We encourage plan participants to have all preventive testing when eligible.