

## Meeting Notes 8/22/07

**Juniata College  
Wellness Committee**  
August 22, 2007; 2:00pm  
vLSC Rockwell Seminar Room

Committee Members Present:

Joan Engle	Doreen Mills	Dave Fusco
Deb Kirchoff-Glazier	Wanda Lightner	Shya Price
Gail Ulrich	Cady Kyle	Laura Medvitz

The meeting was called to order and the committee was presented with the following agenda:

1. Discuss Old Business
2. New Business

The committee discussed the following old business:

- Weight Watchers at Work: Residential Life's conference room will be used for the next 12 week session of Weight Watchers. Members have lost 828 pounds since November 2006.
- 2007 Walking Challenge: A water bottle design was showed to committee members and it was decided they would be the prizes for participants that met the 3,000 minute goal.
- Health Fair: Monday, October 29, 2007 will be the date of our annual health fair. An e-mail with attached vendors will be e-mailed to all committee members.
- Lunch & Learns:
  - September – Lighten Your Load by Marsha Kyper
  - October – presentation on women's health
  - November – Elder Care

The committee discussed the following new business:

- Scott Grugan 5K Memorial: The committee decided to put a team of Juniata employees' children together for the "Kids Fun Run". The will be an advertisement on the daily announcements.
- Breast Cancer Awareness Month: October is Breast Cancer Awareness Month. The Health & Wellness center will once again be raffling off tickets towards a gift basket full of prizes.

- Humane Society: Huntingdon County Humane Society will be having a pet walk at Rails to Trails. More information will be available soon.
- Committee Concern: Deb presented a concern of hazardous fumes when building floors are being cleaned. It was decided that this will be brought to the attention of the Safety Committee.

The next regularly scheduled meeting will take place on Wednesday, September 26, 2007 at 2:00pm @ vLSC Rockwell Seminar Room.