

Meeting Notes 8/24/2010

Juniata College Wellness Committee

August 24, 2010 11:00am
VLSC 1116 Rockwell Seminar Room

Committee Members Present:

Cindy Gibboney	Barb Williams	Joanne Krugh
Wanda Lightner	Doreen Mills	Joann Isenberg
Steph Turner	Andrea Smith	

The meeting was called to order and the committee was presented with the following agenda:

1. Discuss Old Business
 - a. Aerobics Classes - They are still going well. Attendance still down.
 - b. Weight Watchers -Still going well.
 - c. 2010 Huntingdon County Fitness Challenge—Only 75% of those participating last month turned their logs in (probably due to vacations). Juniata is in 2nd place
 - d. Wellness Rewards—nothing new to report
 - e. Health Fair/Biometric Screenings—Scheduled for October 25th from noon to 3 p.m. 111 mark your calendar letters have been sent out to potential vendors. Still waiting to hear from J.C. Blair.
2. New Business
 - a. Upcoming events:
 - i. September 13th -Big Brothers Big Sisters Pump and Run.

The next regularly scheduled meeting will take place on Tuesday, September 28, 2010 at 11:00am @ VLSC Rockwell Seminar Room.