

Meeting Notes 10/23/2012

Juniata College
Wellness Committee
October 23, 2012; 11:00 am
VLSC Seminar Room

Committee Members Present:

Penny Hooper Conway, Wanda Lightner, Betty McKim, Cady Kyle, Steph Turner and Andrea Smith

The meeting was called to order and the committee was presented with the following agenda:

1. Discuss Old Business
 - a. Health Fair – a wrap up of the fair was given.
 - b. Zumba and Walking Program –The committee discussed what programs were going on throughout campus. It was not known how attendance at these programs has been.
 - c. Weight Watchers – Steph discussed the monthly pass and what that means.
2. New Business
 - a. November Lunch and Learn: Beth Birch from the Abuse Network will talk about Cyber Bullying on Tuesday, November 27th.
 - b. Open Enrollment Meetings: Meetings are scheduled for November 7th, 8th, 9th, 12th and 13th.
 - c. The committee discussed concern on campus about smoking too close to doorways and entrances.
 - d. Upcoming Events: Sunday, a 5K run for Relay for Life. And the Hollidaysburg Turkey Trot is coming up in November.